




## Allergy Aware Policy

JCS Allergy Aware Policy  
Implemented:  
To be reviewed:

POLICY DATES: JOHN CALVIN SCHOOL ALLERGY AWARE			
Formulated			
Implemented		Reviewed	
Next Review Due			
POLICY AUTHORISATION			
Principal	Daniel Coote	Signature	

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# John Calvin School

## Allergy Aware Policy

Due to an increasing number of people with allergies it is imperative that we promote allergy awareness in our School community.

This is particularly relevant to students whose allergies cause an **Anaphylactic** reaction. This is a life-threatening reaction which can cause death by suffocation within minutes of a reaction commencing. Anaphylactic reactions are frequently caused by nuts e.g.: peanuts/cashew nuts but may link to eggs, dairy products and bee stings.

At John Calvin School we promote awareness by:

- Provide information (Appendix 1) to the School community via –
  - i) Newsletter articles
  - ii) Parent Meetings/Class letters
- Year levels with students/staff with anaphylactic allergies will:
  - i) Have regular (once per term) talks on the allergy and the need not to share food, to wash hands before and after eating and the dangers of bringing nut products to school
  - ii) Send home a letter by parents of students with allergies where provided
- Teachers with allergy students will:
  - i) Monitor any food in the classroom e.g.: cooking, “birthday treats” provided by parents or class parties.

ii) Establish class rules on:

- Not sharing food
- Washing hands before and after eating
- Cleaning up food spillages

iii) Plan to ensure relief staff are aware of students with anaphylactic allergies, their emergency medical plan and the location of the Epi-pen

iv) Plan for excursions/sport etc to access Epi-pen/emergency plan

- The School will:

i) Provide training in the use of Epi-pens to staff in the year levels with anaphylactic students

ii) With the parents, agree on a Medical Emergency Response Plan for each anaphylactic student

- Parents of anaphylactic students or anaphylactic staff will:

i) Ensure the Medical Emergency Response Plan is completed and kept up-to-date – provide copies for the classroom and the First Aid Room

ii) Provide a current photo of the child/staff member if requested

iii) Ensure that Epi-pens and/or medication provided is:

- Clearly labelled with the person's name, year, and room number and dosage required
- Has a current use-by date

- iv) Will be invited to send a personal letter home to the class parents explaining their or their child's allergy needs.

## **Appendix 1**

### SAMPLE NEWSLETTER ARTICLE

We have a number of persons in the school with severe life-threatening allergies (Anaphylactic reaction) to products, particularly nuts and eggs.

An anaphylactic reaction causes shock, suffocation and death within minutes of the allergy reaction commencing if not treated immediately.

These life-threatening reactions can be generated by simply touching a surface that has a nut product on it.

We are seeking your support in creating a safer environment by:

- Not providing nut products at school such as peanut paste or Nutella sandwiches or snack bars with nuts, egg and mayonnaise sandwiches and boiled eggs
- Encouraging your child to not share or swap their food or drink bottles with others
- Encouraging your child to wash their hands before and after eating
- When having other children to play or for a party be aware that they may allergies, including anaphylactic reactions. Plan for any dietary needs and medication in discussion with the relevant parent

Thank you for your support in this matter

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